POST PROCEDURE INSTRUCTIONS

You are scheduled for a  □ Colonoscopy  □ EGD  □ Other

This procedure, including recovery, will take approximately 90 minutes. *Please have your driver available throughout your entire stay. After your procedure, a written and verbal report will be given to your responsible party prior to your discharge.* In the event you need to be transferred to a hospital, please be advised your medical record will accompany you to the hospital.

Be aware of the following instructions once your procedure is complete:

- *The medications used for sedation may have an amnesic effect, which can cause you not to remember your procedure. A copy of the report as well as post procedure instructions will be given to you upon discharge.*
- *You should expect to be groggy when you leave our facility, therefore it is imperative that someone remain with you today.*
- Do not drive or operate any machinery today
- Do not consume alcohol for 24 hours
- Return to your usual activities tomorrow, unless otherwise instructed
- Resume your normal diet, unless otherwise instructed
- You may experience abdominal cramping or a mild sore throat (if EGD) following your procedure. This is normal.
- Abnormal symptoms include excessive bleeding, vomiting, chest pain, or fever. Contact your physician if any of these occur.
- You will follow up with your physician for specific procedure findings.
- Your driver’s name and phone #______________________________

- In an emergency please contact (if other than driver)__________________________________________________________

Patient’s Signature_________________________Date/Time__________________________

Nurse’s Signature_________________________Date/Time__________________________