

# Florida Endoscopy and Surgery Center

## Pre-Operative Instructions

- **IMPORTANT: If you are a patient of Dr. Le's, please follow the instructions given to you by his office!**

### The Evening Before:

- DO NOT EAT OR DRINK ANYTHING AFTER 12:00 MIDNIGHT UNLESS YOU ARE REQUIRED TO TAKE MEDICATION. This includes candy, gum and chewing tobacco.
- DO NOT DRINK ANY ALCOHOLIC BEVERAGES.
- If you develop fever, coughing, congestion, nausea, or vomiting please call your physician.
- You will be called with your arrival time for your procedure, between 1pm and 3pm on the business day before your appointment.

### The Morning of Surgery/Procedure:

1. Do not eat or drink anything. You should not swallow water when brushing your teeth.
2. Dress in loose fitting clothing and low-heeled shoes. Do not wear make-up, contact lenses, wigs, false eyelashes, nail polish, etc. Be prepared to remove glasses and dentures.
3. You may bring eye glasses and a case, dentures, hearing aids, and a wedding band.
4. Jewelry and valuables should be left at home. THE SURGERY CENTER WILL NOT ASSUME RESPONSIBILITY FOR YOUR VALUABLES.
5. It is important that you arrive promptly at your scheduled appointment time. If you are late, your surgery may have to be canceled or delayed.
6. YOU MUST ARRANGE ASSISTANCE AND TRANSPORTATION FOR YOUR RETURN HOME PRIOR TO BEING ADMITTED FOR SURGERY. You will be unable to drive yourself home. Your guest is welcome to stay in the waiting area while you are in surgery. We ask that you limit your number of guests to one person.
7. In the event that situations develop which require you to be hospitalized, you will be transported to a local hospital.
8. Please enter and exit through the back of the building, Suite 103.
9. Please come to the registration desk when you arrive at The Florida Endoscopy and Surgery Center.
10. Your total length of stay will be approximately 3 hours. This will vary depending on the type of procedure/anesthesia.

### After Surgery/Procedure:

Following surgery/procedure, you will be taken to the recovery area. You will receive discharge instructions before you go home. The nursing staff will let you know how long you need to remain in the unit depending upon the type of anesthetic you received.

Do not drive a vehicle, operate machinery, or drink alcoholic beverages for at least 24 hours after surgery/procedure. Important decision making should be delayed at least 24 hours after your surgery/procedure.

**When you return home, be sure to follow your physician's instructions regarding rest, activity, medication and diet.**

If you have any questions once you have left the facility, please call your physician's office.