

North Queens Surgery Center

BEFORE SURGERY

Any special lab work or x-rays necessary for your procedure will be arranged by your physician prior to the date of your surgery.

If you have an infection, fever or noticeable change in your health since your last office visit, inform your doctor.

Eat a light supper on the day before your surgery.

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT unless your doctor instructs you otherwise. (This includes candy, water, coffee, chewing gum, etc.) If you eat or drink anything, your surgery may be cancelled and rescheduled. Routine medications authorized by your physician may be taken with a small sip of water.

If you take cardiac or blood pressure medications in the morning, please continue to take those medications with a sip of water prior to your arrival at the surgery center.

Our Anesthesia Department recommends that if you are a diabetic, please do not take oral diabetic medication the morning of or prior to your arrival for surgery. No insulin should be administered on the morning of surgery or prior to your arrival for surgery. If you normally take insulin in the evening, then half of your usual dose should be taken in the evening before surgery. Please follow the recommendations of your prescribing doctor as well.

Please bring a list of your current medications, if you were unable to fill out the "medication reconciliation" form online.

Please remember to bring your insurance and photo ID.

If the patient is under 18 years old, at least one parent will have to stay at the surgical center at all times until the patient is discharged. If the patient is a child with a different last name than the parent accompanying the patient for surgery, then please bring a copy of the child's birth certificate. If at least one parent accompanying the child has a matching last name to the child, then a birth certificate is not necessary.

If you have a health care proxy, please bring a copy of your health care proxy and make sure the designated individual on your health care proxy could accompany you the day of surgery.

Please remove ALL JEWELRY including body piercings prior to your arrival to the surgical center.

Do not bring any valuables with you. If you wear glasses and have a case for your glasses, please bring that with you.

If you are receiving anesthesia, you will need a responsible adult that you already know to accompany you home after surgery. If you plan on taking a taxi, you will still need a responsible adult that you know to accompany you home.

You should also plan to have a responsible adult with you for the first 24 hours after anesthesia.

Please refrain from using any form of tobacco at least 24 hours prior to surgery.

The above guidelines are for general anesthesia cases. However, even if you are scheduled for local anesthesia, a change could occur, therefore these guidelines should be followed unless directed otherwise by your physician or North Queens Surgical Center staff.

Staff of the North Queens Surgical Center will be calling you prior to the day of surgery to confirm your arrival time, answer questions, and review payment procedures.

If you have any questions, please call North Queens Surgical Center at 929-258-7720, Monday through Friday from 8am to 4pm.

We look forward to meeting you at your upcoming procedure!