

Hernando Endoscopy and Surgery Center

Pre-Operative Instructions

The Evening Before:

- DO NOT EAT OR DRINK ANYTHING AFTER 12:00 MIDNIGHT UNLESS YOU ARE REQUIRED TO TAKE MEDICATION. You may take Blood Pressure, Seizure, Asthma and Heart Medications, or anything that your physician has specifically instructed you to take.
 - DO NOT DRINK ANY ALCOHOLIC BEVERAGES.
- If you develop fever, coughing, congestion, nausea or vomiting please call your physician.

The Morning of Surgery:

1. Do not eat or drink anything. You should not swallow water when brushing your teeth.
2. Dress in loose fitting clothing and low-heeled shoes. Do not wear make-up, contact lenses, wigs, false eyelashes, nail polish, etc. Be prepared to remove glasses and dentures.
3. Jewelry and valuables should be left at home. THE SURGERY CENTER WILL NOT ASSUME RESPONSIBILITY FOR YOUR VALUABLES.
4. It is important that you arrive promptly at your scheduled appointment time. If you are late, your surgery may have to be cancelled or delayed.
5. YOU MUST ARRANGE ASSISTANCE AND TRANSPORTATION FOR YOUR RETURN HOME PRIOR TO BEING ADMITTED FOR SURGERY. You will be unable to drive yourself home.
6. In the event that situations develop which require you to be hospitalized, you will be transported to a local hospital.
7. Please come to the registration desk when you arrive at the Hernando Endoscopy and Surgery Center.

After Surgery:

Following surgery, you will be taken to the recovery area. You will receive instructions from your physician before you go home. The nursing staff will let you know how long you need to remain in the unit depending upon the type of anesthetic you received.

The average length of stay varies from one to two hours after surgery is completed, depending on the type of surgery and anesthesia. An estimate will be given to you on admission if you desire.

Do not drive a vehicle, operate machinery, or drink alcoholic beverages for at least 48 hours after surgery. Important decision making should be delayed for at least 48 hours after your surgery.

When you return home, be sure to follow your physician's instructions regarding rest, activity, medication and diet.

Please feel free to ask any questions that you may have. If you think of questions after you have left the unit, please call THE SURGERY CENTER at (352)-596-4999 or call your physician.