



BEFORE YOUR SURGERY

A nurse from the Center will contact you at least 24 hours before your surgery. If no one has called please call the Center for instructions. Notify your surgeon if there is a change in your physical condition such as a cold, fever or respiratory problems.

Do not eat or drink anything after midnight the night before your operation, including no hard candy or gum. If your child is the patient, please be careful to enforce this. Also, please follow any other special instructions your surgeon may have given you. Failure to follow these instructions may result in cancellation of your surgery. Please be sure to tell your surgeon if you are on any type of blood thinners or aspirin. Please do not take any medications after midnight unless instructed by your surgeon or the nurse at our Center.

It is extremely important to arrange for a responsible adult to drive you home and remain with you the first 24 hours of surgery. Transportation services may be requested through Para-Med for an additional cost. Pamphlet may be requested through your doctor's office or through the Center.

DAY OF SURGERY

Wear loose, comfortable clothing, preferably a button down shirt/blouse. Wear comfortable shoes such as slip ons. Do not wear high heels.

You may need to change into a surgical gown. Only cotton underwear may be worn.

Do not wear any jewelry (including body piercings), contact lenses, makeup or cologne. Do not bring any valuables with you. *Bring your driver's license and insurance cards with you. If your insurance company requires a copay, please bring some form of payment.*

If your child is having surgery, feel free to bring a favorite stuffed animal or security blanket for added assurance.

AFTER YOUR SURGERY

You will be discharged to your car by wheelchair. If anesthesia has been administered, you must have a responsible adult present to drive you home and to care for you following surgery.

Your physician will provide post-operative instructions regarding diet, rest, exercise and medications. You will be provided with a written summary of these discharge instructions.

A nurse from the Center will call you the day after your surgery to check on your progress and discuss any questions you may have. If you have any unexpected problems, please call your doctor. If you have an emergency, please call 911.

HELPFUL REMINDERS

Please limit the number of family or friends who come with you. Seating is limited. If you are driving more than 30 minutes, put one or two pillows in your car so you can elevate the operative extremity.

BILLING INFORMATION

After surgery, Piccard Surgery Center, LLC will submit your bill to your insurance company. You will receive a separate bill from your doctor, anesthesiologist and/or pathologist. Please contact our business office for any questions regarding your bill and/or payment options.

DIRECTIONS & CENTER INFORMATION

Address

1330 Piccard Drive
Suite 102
Rockville, Maryland 20850
(P) 301.208.7350
(F) 301.208.7355

Hours Of Operation

Monday – Friday 7:00 AM – 5:00 PM

Directions from South

270 North to Exit 8 for Shady Grove Road
Follow signs for Redland Road
Merge onto Redland Road
Slight Right on Piccard Drive
Center on the right – look for grey street sign with Center's name

Directions from North

270 South to Exit 8 for Shady Grove Road
Follow signs for Shady Grove Road W and merge onto Shady Grove Road
Slight left to stay onto Shady Grove Road
Turn left on Key West Avenue
Turn left on Gude Drive
Turn left on Piccard Drive
Center 2nd driveway on the left – look for grey street sign with Center's name